



North Walney Primary, Nursery & Pre-School  
Duddon Drive, Barrow in Furness, Cumbria LA14 3TN

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### **Children's programme details and parent/carer information sessions**

Dear Parents/Carers,

KIDSAFE is a specialised Child Protection Programme which will be delivered at North Walney Primary School. This will begin with sessions for Years 3&4 led by myself, as I am trained as a KIDSAFE tutor.

The KIDSAFE programme deals with building children's confidence, self-esteem and equips children with effective skills to deal with unsafe situations. KIDSAFE enables children to value themselves and others and helps children to make wise and healthy choices/decisions in their lives. KIDSAFE teaches children to recognise and/or prevent abuse i.e., what is appropriate and what is not appropriate, this is done in a fun non scary way through a variety of media including the use of a puppet, games, singing and worksheets.

Topics covered during the course include:- Raising self-confidence, feelings - talking about our feelings, bullying, respecting our bodies, inappropriate touching, secrets, communication skills, assertion - saying NO and computer/internet safety.

In order that we can give more information about the KIDSAFE programme, we will be offering two parent/carer information sessions to be held in school. These will be on Monday 27<sup>th</sup> February at 3.30pm and Wednesday 1<sup>st</sup> March at 4.30pm. (You need only attend one of the sessions)

We then intend to begin the KIDSAFE programme with Years 3&4 on Monday 6<sup>th</sup> March; the programme runs for 5 sessions over 5 weeks, with a follow up session after the Easter holidays.

Yours sincerely,

Miss K Usher

Headteacher: Mr Paul Slater  
Assistant Headteacher: Miss Christine Mountford  
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