

## Final week

**YOU are the boss this week and are in control of your afternoon activities. Choose what you want to do and when you want to do it, but try to do a mixture of different coloured activities. Most importantly, have fun doing them!**



### Key

\*\*= find attached document below this table

Remembering this year

Moving into next year

Just for fun

Active

Calming

<p><b>'My bag of concerns'</b> See powerpoint to link with this if desired **</p>	<p>Discuss which celebrity you would like to be your teacher and explain why. Maybe draw a picture to show what a lesson with them may look like.</p>	<p>Super movers videos <a href="https://www.bbc.co.uk/teach/supermovers/just-for-fun-collection/z7tymfr">https://www.bbc.co.uk/teach/supermovers/just-for-fun-collection/z7tymfr</a></p>	<p>Go on an interactive expedition of the 'Great Barrier Reef' with David Attenborough <a href="https://attenboroughsreef.com/">https://attenboroughsreef.com/</a></p>	<p><b>Party planning!</b> Can you plan your own little celebration/end of year party at your home? You could plan a ridiculous one or a simple one... the choice is yours!</p>
<p>Describe your favourite memory from your time in Year 3/4</p>	<p><b>'Goals for next year' bunting</b> **</p>	<p><b>'Would you rather'</b> power point quiz. You could play this with someone or on your own.</p>	<p>'Cosmic kids' yoga session <a href="https://www.youtube.com/watch?time_continue=123&amp;v=9vLpwN-DGw&amp;feature=emb_logo">https://www.youtube.com/watch?time_continue=123&amp;v=9vLpwN-DGw&amp;feature=emb_logo</a></p>	<p>Meditation and mindfulness strategies <a href="https://www.youtube.com/watch?time_continue=7&amp;v=Wsy2L9VvX90&amp;feature=emb_logo">https://www.youtube.com/watch?time_continue=7&amp;v=Wsy2L9VvX90&amp;feature=emb_logo</a></p>
<p>Make a 'calming mood jar' <a href="https://www.bbc.co.uk/cbbc/thingstodo/mood-jar?collection=lifetable-guide-to-feeling-good">https://www.bbc.co.uk/cbbc/thingstodo/mood-jar?collection=lifetable-guide-to-feeling-good</a></p>	<p><b>'School memories'</b> write up task **</p>	<p>Design a 'worry monster' and write around it the different feelings that you have when thinking about 'next year'. Discuss these feelings if possible.</p>	<p>Funny bodies game Watch this video and carry out the same task (to be played with somebody else) <a href="https://www.youtube.com/watch?time_continue=1&amp;v=awwOpMA2Ws&amp;feature=emb_logo">https://www.youtube.com/watch?time_continue=1&amp;v=awwOpMA2Ws&amp;feature=emb_logo</a></p>	<p>Create your own 'Joe Wick's style' work out and try to film yourself.  Pretend that you are teaching other people what to do and explaining how to do it.</p>
<p>A-Z hunt Write the alphabet down the left hand side of a piece of paper. Run around your home and try to find an item that begins with each letter of the alphabet.</p>	<p>Make an 'Origami frog' <a href="https://www.youtube.com/watch?time_continue=92&amp;v=fM-yrKeF91c&amp;feature=emb_logo">https://www.youtube.com/watch?time_continue=92&amp;v=fM-yrKeF91c&amp;feature=emb_logo</a></p>	<p>Read The <b>'Memories'</b> poem and discuss how you felt whilst reading this**</p>	<p>Close your eyes and think about next year. How do you feel? Do you feel anything change in your body when you think about it? It is normal to feel many different emotions. Try to paint or draw your feelings. Think about the colours and the movements which you may make.</p>	<p>Use random objects from around your home to try to make a 3D model or a portrait of yourself</p>

## **My bag of concerns**

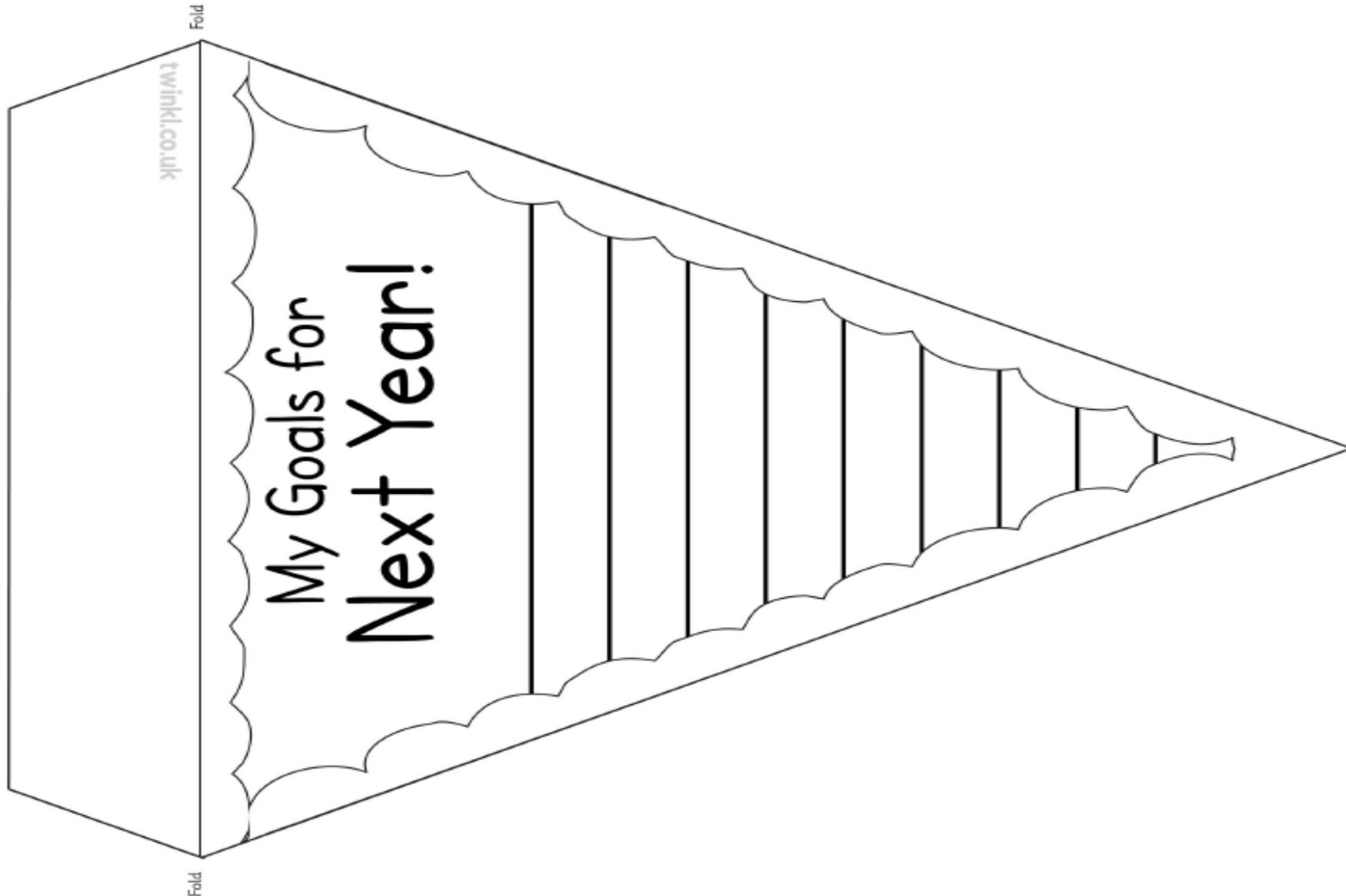
Either write your concerns about next year onto little strips of paper and put them into a bag or container **or** write them down inside of this bag template. Sometimes, just writing down our worries can help!

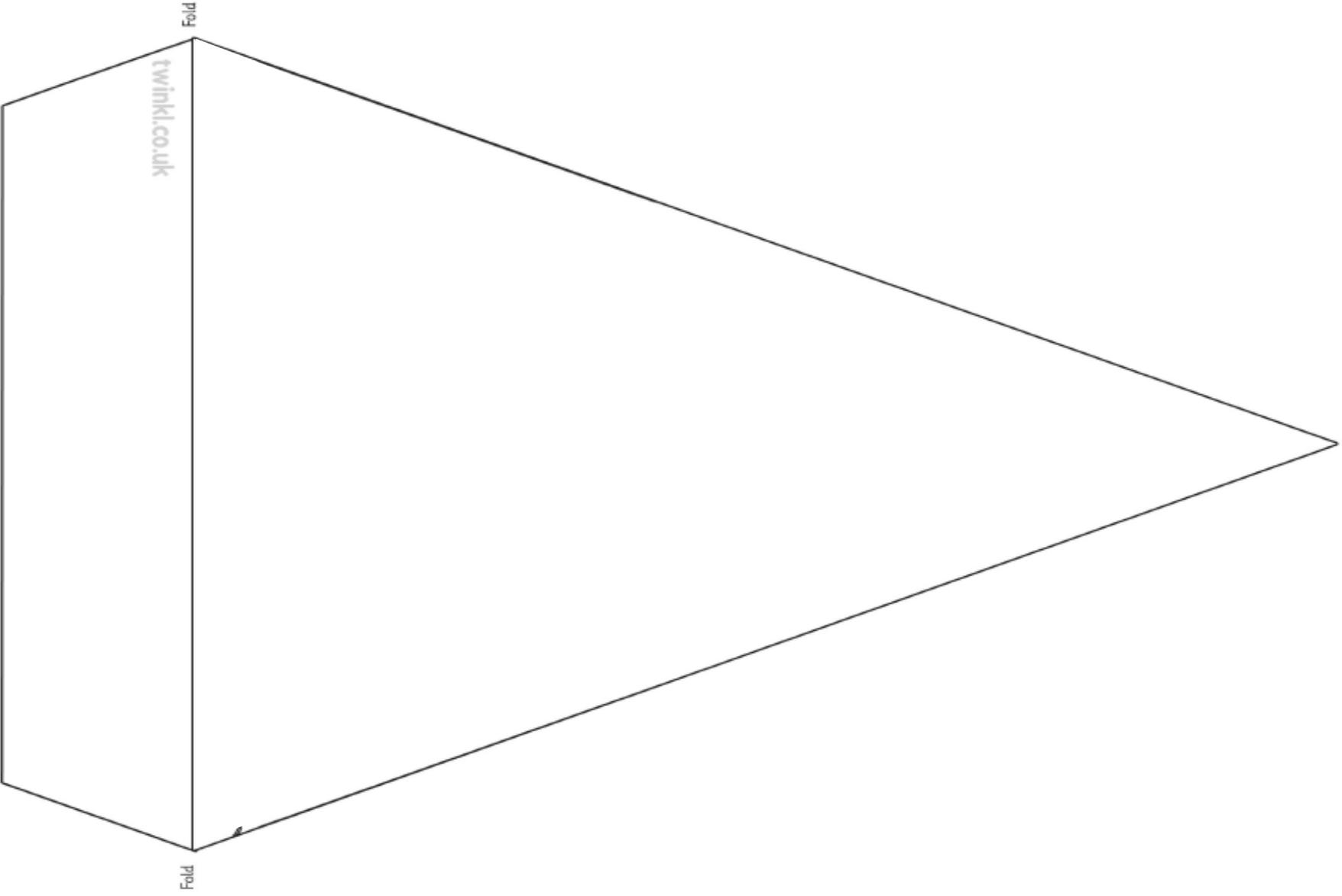
Maybe even try to discuss these concerns with an adult and either write how or when you will feel better about this e.g **I am worried that my new teacher is strict**    **I will feel better when I meet them.** You can do this either on the back of your paper strips or on the outside of your 'bag of concerns'.



## Goals for next year bunting

Write your goals/ aims for next year on this bunting template. Think about what you want to achieve both in school and outside of school. You can either take this in to your new teacher when you start back at school, or you could draw pictures of your 'goals' and how you will achieve them on the blank bunting template below and hang these up in your room with some ribbon or string to remind yourself of your aspirations. **Make sure you ask an adult to help you to hang your bunting!**





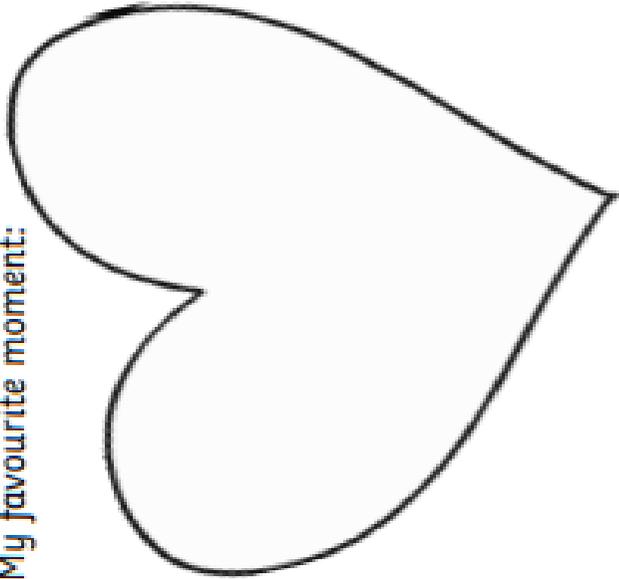
# My school year memories

## My Favourite Memories from This Year!

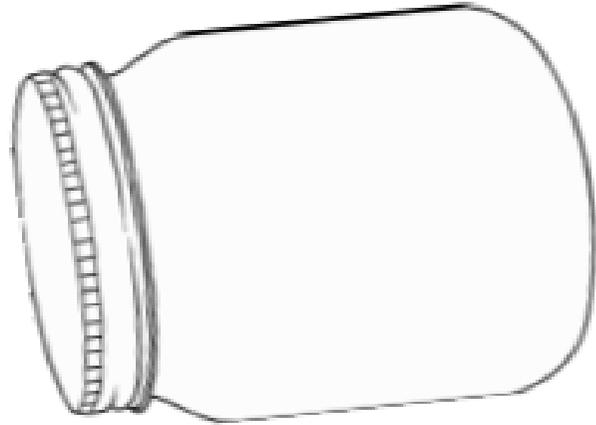


My friends:

My favourite moment:



Memories I will treasure:



My favourite activity:



What I love the most about this year: \_\_\_\_\_

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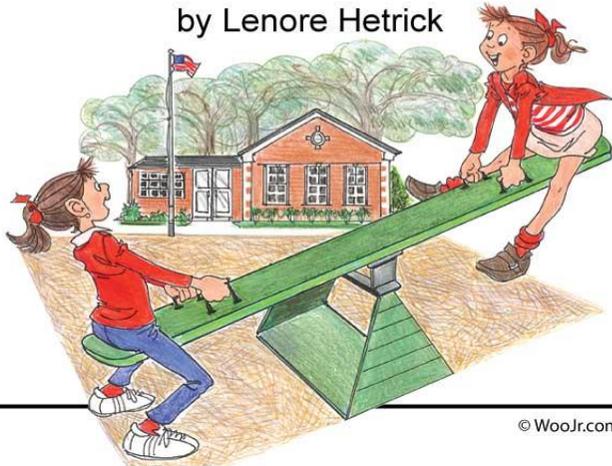
## Memories poem by Lenore Hetrick

# Memories

We may complain about our school work,  
Perhaps we think our lessons hard.  
We'd much prefer to be out playing,  
And running in the big schoolyard.  
But with the passing of the years  
The dearest memories we'll call  
Will be of hours that we have spent  
Within the old gray schoolhouse wall.

We may consider it a trial  
To have to add and multiply,  
And lessons in geography  
Bring many a long-drawn, anxious sigh,  
But with the passing of the years  
When time has cast its purple haze,  
The memories that we will treasure  
Will be of long-gone, old school days.

by Lenore Hetrick



## **Party planning!**

This is YOUR party! You can make it a 'pretend' party and invite celebrities and have it on the moon OR you could keep it simple with a picnic in the back garden with your toys. There is just one rule...

**HAVE FUN planning!**

<u>Guests</u>	<u>Food</u>	<u>Music</u>	<u>Games</u>	<u>Decorations</u>